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Distinguished Speakers Series

Middle Country Library Foundation
101 Eastwood Boulevard
Centereach, NY 11720-2745



Distinguished Speakers Series

2018-2019

**Exploring Innovative Ideas In
Family Support and Early Childhood Services**



Tuesday,
October 23, 2018



Tuesday,
December 4, 2018



Tuesday,
January 15, 2019



Pritchard Charitable Trust

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DISTINGUISHED SPEAKERS SERIES

Originally created in 1999, the Distinguished Speakers Series was designed to support Long Island families by providing a forum for Long Island practitioners focusing on current issues affecting young children and families featuring specialists in the field. Produced in collaboration with Long Island health and human services professionals, and community and corporate sponsors, the series fills an important continuing education need on Long Island.

“The Distinguished Speakers Series brings specialized expertise to a diverse audience of individuals working with young children and their families. Topics are of high interest while also providing an opportunity for discussion and professional networking.”

Joan Rochetta
Child Care Council

“I think the Distinguished Speakers Series is terrific. The topics are very timely and obvious care is taken to insure the speakers are dynamic and well informed.”

Nancy Olsen-Harbich
Human Development Specialist, Cornell Cooperative Extension

The 2018-19 Distinguished Speakers Series brochure/registration form will be available beginning September 7, 2018 at www.middlecountrylibraryfoundation.com/distinguished.html

For further information
call **Janice Boscarino** at 631-585-9393 ext. 252.

All Seminars will be presented from 9:30 -11:00 a.m.
All seminars will be held at the
Middle Country Public Library - Centereach
101 Eastwood Blvd, Centereach.

SEMINARS

Tuesday, October 23, 2018 • 9:30 -11:00 a.m.

Laura Lustbader, PhD
Educational Consultant & Mindfulness Trainer

Mindfulness: Supporting Early Childhood Mental Health

After an extensive career in education, Dr. Lustbader now combines her educational expertise and extensive mindfulness training to help educators and everyone working with children to incorporate these concepts into their work. Through hands-on activities and an overview of mindfulness, she will share how professionals from all disciplines can utilize these principles in their work with parents/caregivers of infants & toddlers, and how they can utilize mindfulness directly with preschool and primary grade children to help build self-regulation, focus and lay the foundation for a lifetime of positive mental health.



Tuesday, December 4, 2018 • 9:30-11:00 a.m.

Vanessa LoBue, PhD
Associate Professor, Psychology Dept., Director of Child Study Center,
Director of Graduate Program, Rutgers University, Newark NJ

Impact of Parent/Caregiver Digital Behavior on Infants, Toddlers and Preschoolers

Digital media use by children has been well researched. The American Academy of Pediatrics and others have created guidelines on digital media use by children of various ages. Research of digital media use by parents and caregivers and its effects on children-especially young children, is still in the early stages. Learn what this research is indicating for both adults and children and how we can help parents make informed choices regarding their digital behaviors.



Tuesday, January 15, 2019 • 9:30-11:00 a.m.

Ron Marino, DO, MPH
Associate Chair, Pediatrics, NYU Winthrop Hospital
Professor of Clinical Pediatrics, Stony Brook Medical School

Kate Fenton, MBA, CCLS
Director of Child Life Program
Good Samaritan Hospital

Importance of Play in Self-Regulation

The importance of play in overall child development is well documented. In addition to developing physical, social, emotional and intellectual growth, play also helps children develop self-regulation, coping skills and resilience. Learn the role of play in this development; the enormous positive effects it has for children undergoing medical procedures and hospitalization; and how professionals in other disciplines can utilize play to promote self-regulation in the children with whom they work.



REGISTRATION

2018-2019 Distinguished Speakers Series

Name: _____

Affiliation: _____

Title: _____

Phone: _____ Fax: _____

Address: _____

Town, State, Zip: _____

Email: _____

Please pre-register. Space is limited.
To reserve your seat, go to
www.middlecountrylibraryfoundation.com/distinguished.html
or email this form to:
boscarinojanice@mcplibrary.org

- Attendees earn .2 CEU's. Programs also fulfill some of the required OCFS child care regulated training categories.
- Please let us know in advance if you require any special accommodation because of a disability. **For more information call Janice Boscarino at 631-585-9393 ext. 252 or e-mail at boscarinojanice@mcplibrary.org**

Join us for networking and continental breakfast at 9:00 a.m.
We accept purchase orders, vouchers and checks payable to:

Middle Country Library Foundation
101 Eastwood Blvd
Centereach, NY 11720-2745

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|---|-----------|------|
| <input type="checkbox"/> Tuesday, October 23, 2018 | 1 seminar | \$25 |
| <input type="checkbox"/> Tuesday, December 4, 2018 | 1 seminar | \$25 |
| <input type="checkbox"/> Tuesday, January 15, 2019 | 1 seminar | \$25 |
| <input type="checkbox"/> Complete (3 programs) Series | 1 person | \$60 |

Amount Enclosed \$ _____